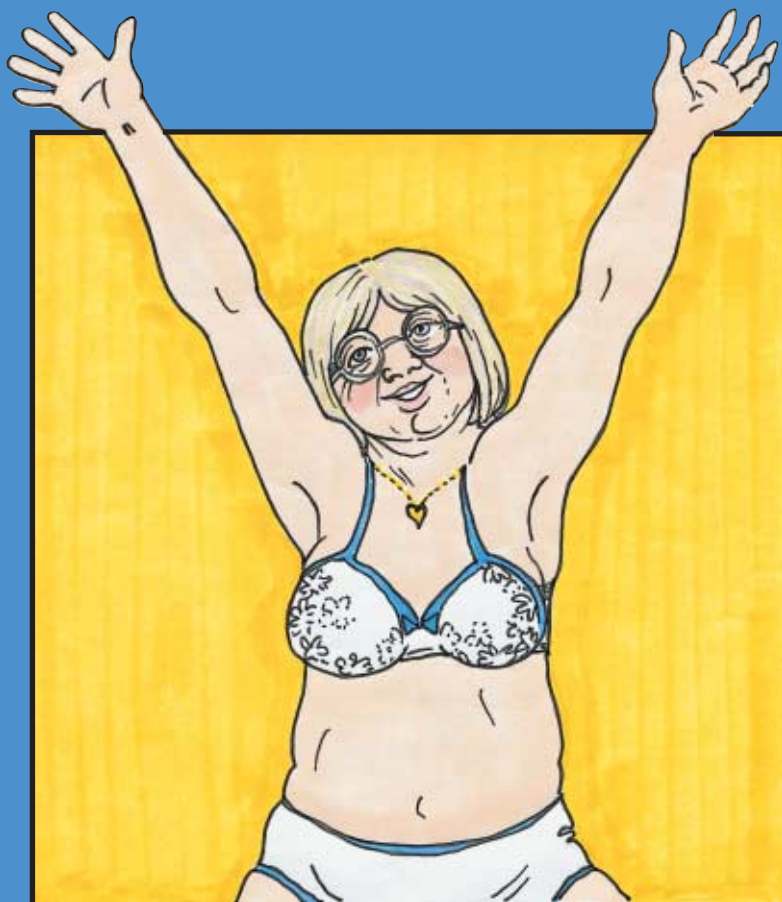


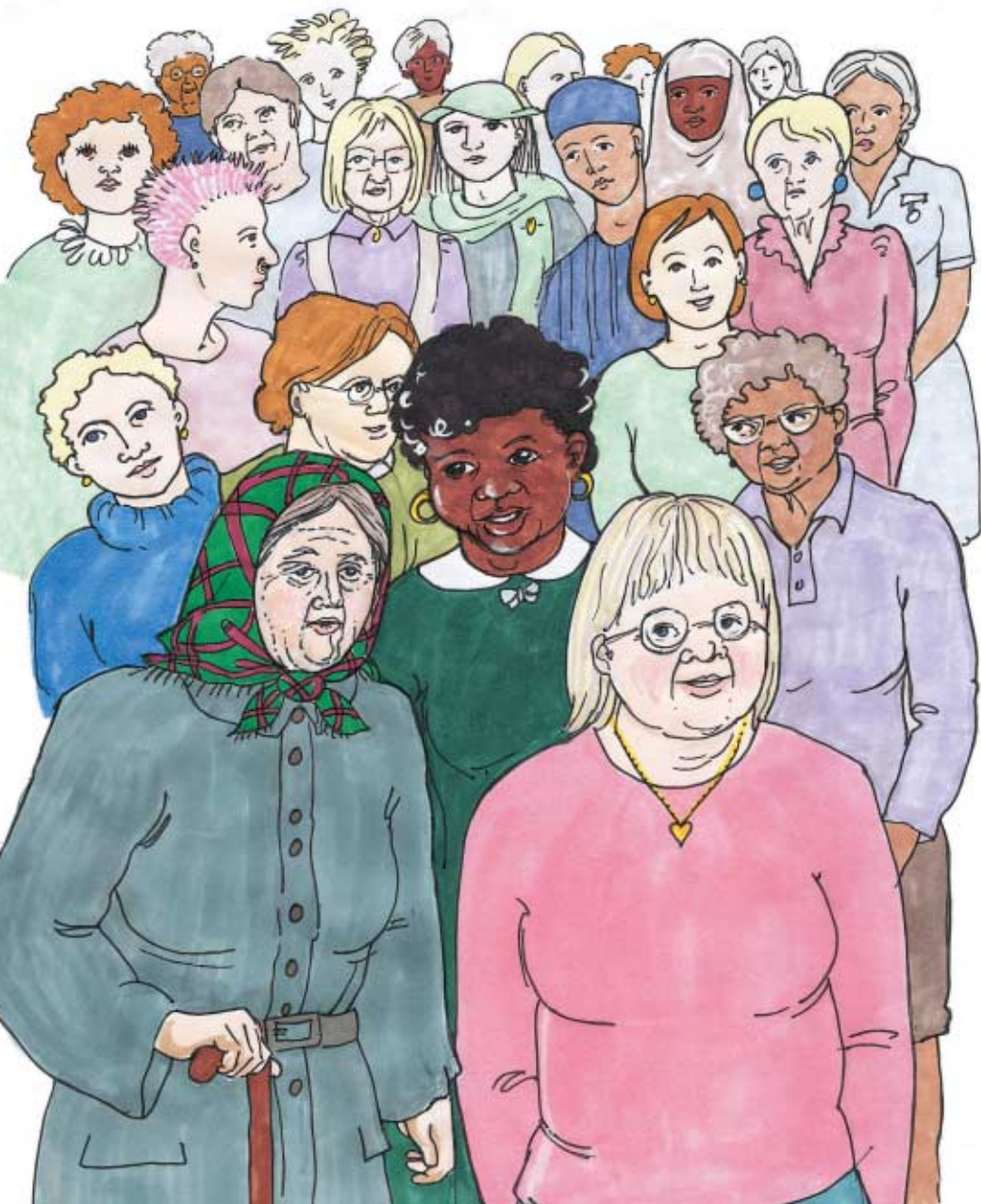
NHS

Cancer
Screening
Programmes

50 or over?

Breast screening is for you





Breast screening is a way of checking for breast cancer.

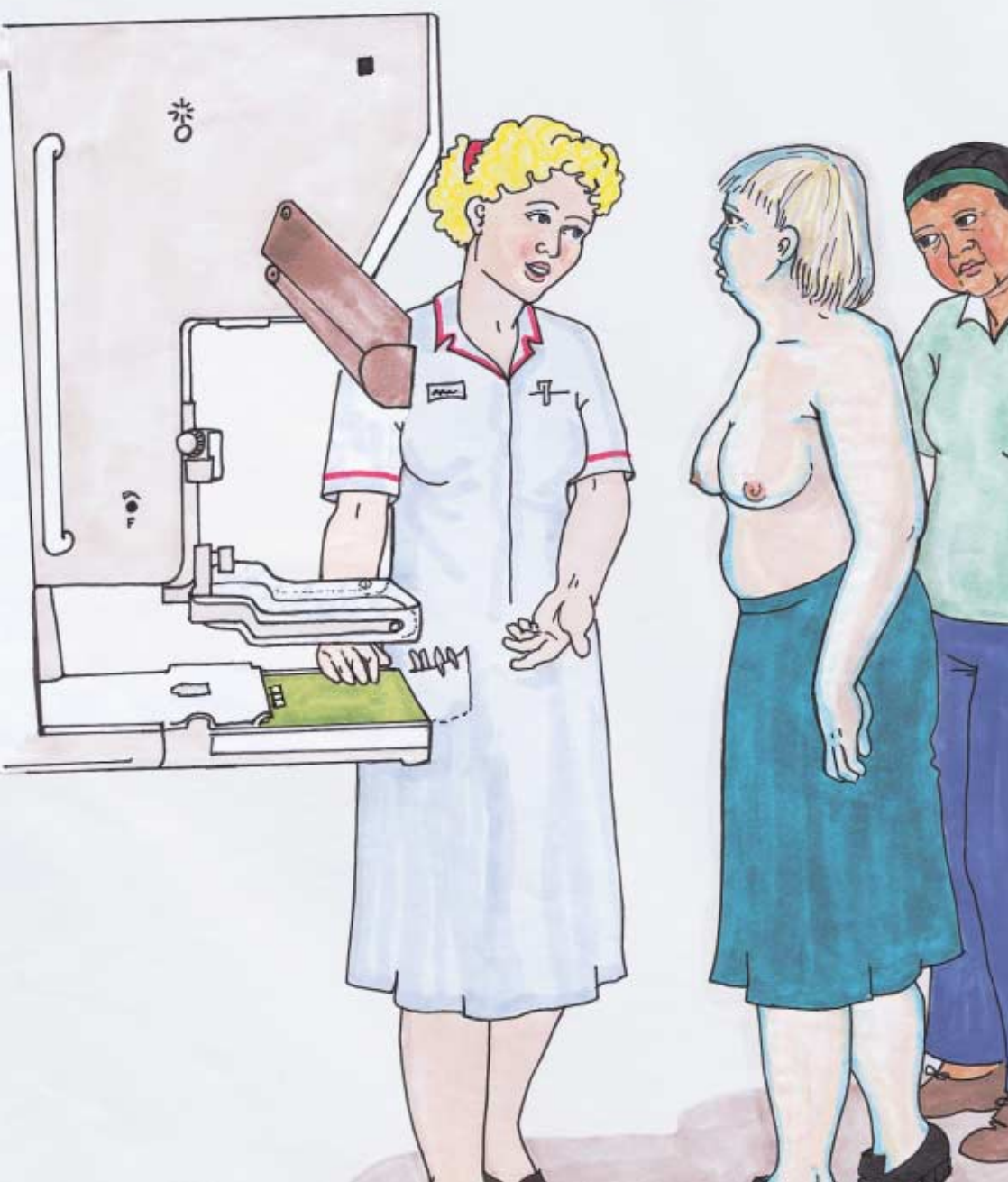


If you are aged between 50 and 64, you will be sent a letter about breast screening.

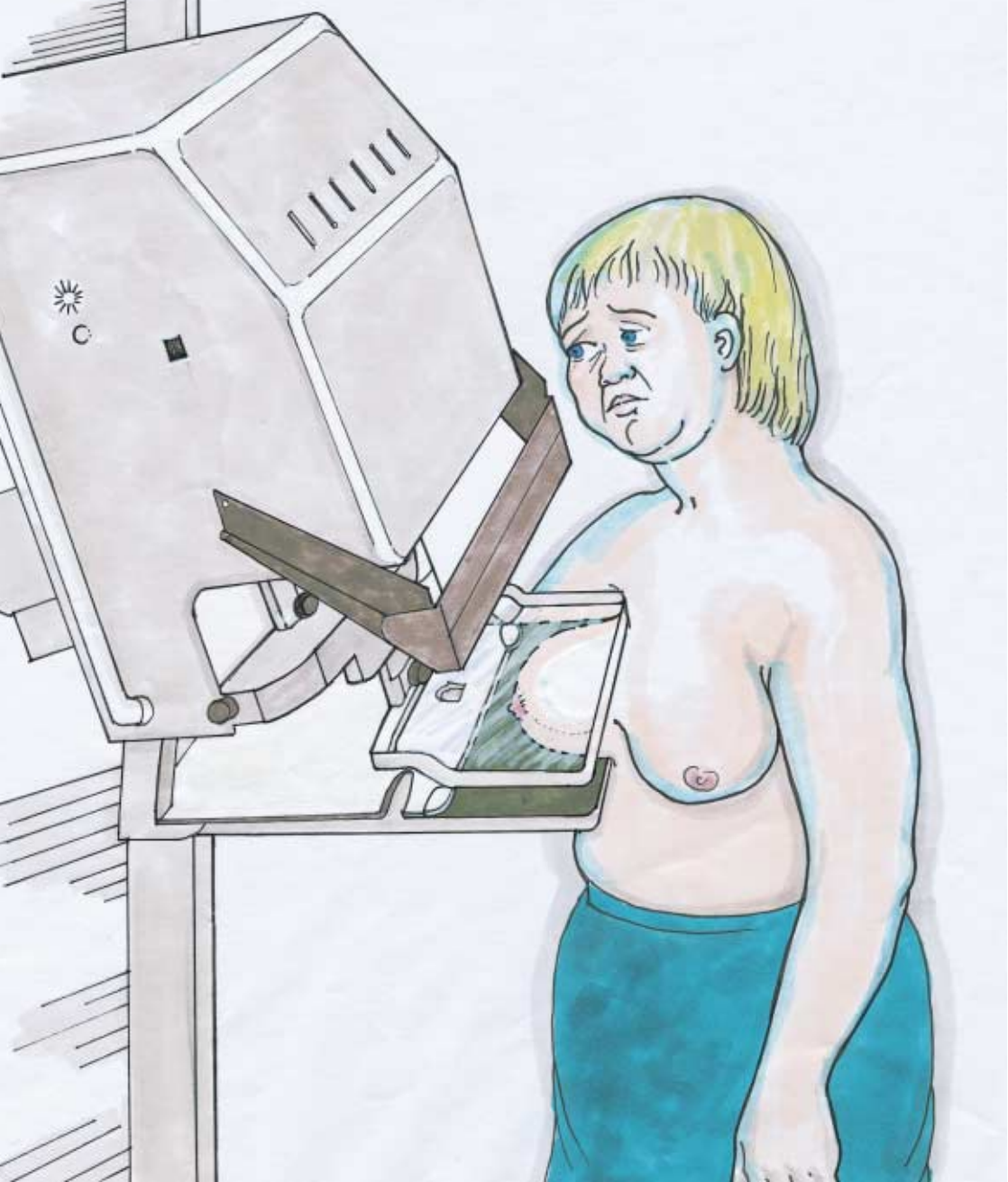
If you need any extra help, or you are in a wheelchair, then you should arrange a special appointment with the breast screening unit.



You can decide if you want to go for breast screening. There is a picture book that explains more about breast screening. The breast screening unit has a copy.



Breast screening means having an x-ray called a mammogram.



The x-ray machine is uncomfortable or painful for some women. You will have to keep very still while the x-ray is taken but it is only for a few seconds.



You will be sent a letter about the results of your x-rays. You don't have to come again for three years if your x-rays are OK. If something unusual is found on your x-rays, you will be asked to go back to the breast screening unit for some further checks.



You can ask someone to tell you more about breast screening.

A picture book called **Looking After My Breasts** gives more information about breast screening. The breast screening unit has a copy of this book. Further copies can be ordered from:

Book Sales, Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG. Telephone: 020 7235 2351, extension 146. Price £10.00 including p&p.